

RinkSport College Prep Program
Babson College - Wellesley, MA
June 17-22, 2017

FRIDAY 6/16 7:00PM 8:00PM 9:00PM	STAFF ARRIVAL & SET UP								FRIDAY 6/16 7:00PM 8:00PM 9:00PM
	Counselors Arrive Babson Ice Center								
	Counselor Orientation TBD								
	Social Club Blue								
SATURDAY 6/17 Counselor Coach Coach 8:15am 8:30am 8:45am 9:00am 10:00am 10:15am 10:30am 10:45am 11:00am 11:15am 11:30am 11:45am 12:00pm 12:15pm 12:30pm 12:45pm 1:00pm 1:15pm 1:30pm 1:45pm 2:00pm 2:15pm 2:30pm 2:45pm 3:00pm 3:15pm 3:30pm 3:45pm 4:00pm 4:15pm 4:30pm 4:45pm 5:00pm 5:15pm 5:30pm 5:45pm 6:00pm 6:15pm 6:30pm 6:45pm 7:00pm 7:15pm 7:30pm 7:45pm 8:00pm 8:15pm 8:30pm 8:45pm 9:00pm 9:15pm 9:30pm 9:45pm 10:00pm 10:15pm 10:30pm	WHITE	RED	GOLD	GREEN	GRAY	BLUE	MAROON	BLACK	SATURDAY 6/17 Counselor Coach Coach 8:15am 8:30am 8:45am 9:00am 10:00am 10:15am 10:30am 10:45am 11:00am 11:15am 11:30am 11:45am 12:00pm 12:15pm 12:30pm 12:45pm 1:00pm 1:15pm 1:30pm 1:45pm 2:00pm 2:15pm 2:30pm 2:45pm 3:00pm 3:15pm 3:30pm 3:45pm 4:00pm 4:15pm 4:30pm 4:45pm 5:00pm 5:15pm 5:30pm 5:45pm 6:00pm 6:15pm 6:30pm 6:45pm 7:00pm 7:15pm 7:30pm 7:45pm 8:00pm 8:15pm 8:30pm 8:45pm 9:00pm 9:15pm 9:30pm 9:45pm 10:00pm 10:15pm 10:30pm
	Pellowitz McKenna Boulter	Hlinka McNamara Cobb	Marmar Salerno Mandigo	Burgio Johnson Tyng	Farrand Hussey Berman	Lissner McPhee Carpenito	Solomon MacDougall Bari Crowley	Mensi Kilstein Handrahan	
	All Staff on Campus Load into Dorms and Arena								
	CHECK IN Sign In: Solomon, Marmar, Lissner Rink: Pellowitz, Burgio, Mensi Airport: Farrand, Hlinka								
Lunch 11:00AM Trim Dining Hall									
Camp Welcome - Kush 11:45AM									
Dynamic Warm Ups 12:15PM Rink		Team Introductions/Expectations 12:15PM TBD			Team Introductions/Expectations 12:15PM TBD		Team Introductions/Expectations 12:15PM TBD		
On-Ice 12:45PM Babson Ice Center Lead: Red Coaches		Dynamic Warm Ups 1:15PM			Intro Kush Sidhu 1:15PM Olin Auditorium				
End 1:45PM Cool Down Rink		On-Ice 1:55PM Babson Ice Center Lead: Green Coaches			Dynamic Warm Ups 2:30PM				
Team Introductions/Expectations 2:45PM Upper Fields		End 2:55PM Cool Down Rink			On-Ice 3:05PM Babson Ice Center Lead: Blue Coaches		Dynamic Warm Ups 3:30PM		
		Dinner 4:30PM			Cool Down Rink		On-Ice 4:15PM Babson Ice Center Lead: Black Coaches End 5:15PM		
Dynamic Warm Ups 5:00PM Rink		Dynamic Warm Ups 5:00PM Rink			Dinner 5:30PM		Cool Down Rink		
Skills: Forwards/Goalies Leads: Red Coaches (Forwards), Reader (Goalies) 5:25-6:25PM							Cool Down Rink		
Dynamic Warm Ups Defense/Goalies 6:00PM Cool Down Forwards/Goalies 6:30PM							Dinner 6:00PM		
Skills: Defense/Goalies Leads: Gold Coaches (Defense), Reader (Goalies) 6:35PM-7:35PM									
Cool Down Rink		Cool Down Rink			Dynamic Warm Ups 7:15PM		Dynamic Warm Ups 7:15PM		
Intro Kush Sidhu 8:00PM Olin Auditorium					Skills: Forwards/Goalies Leads: Maroon (Forwards), Reader (Goalies) 7:45-8:45PM		Dynamic Warm Ups Defense/Goalies 8:15PM Cool Down Forwards/Goalies 9:00PM		
					Cool Down Rink		Skills: Defense/Goalies Leads: Black Coaches (Defense), Reader (Goalies) 8:55-9:55PM		
					Cool Down Rink		Cool Down Rink		
1 lights Out		1 lights Out			1 lights Out		1 lights Out		
SUNDAY 6/18 Counselor Coach Coach 6:45am 7:00am 7:15am 7:30am 7:45am 8:00am 8:15am 8:30am 8:45am 9:00am 9:15am 9:30am 9:45am 10:00am 10:15am 10:30am	BLACK	GREEN	GRAY	MAROON	GOLD	RED	WHITE	BLUE	SUNDAY 6/18 Counselor Coach Coach 6:45am 7:00am 7:15am 7:30am 7:45am 8:00am 8:15am 8:30am 8:45am 9:00am 9:15am 9:30am 9:45am 10:00am 10:15am 10:30am
	Mensi Kilstein Handrahan	Burgio Johnson Tyng	Farrand Hussey Berman	Solomon MacDougall Bari Crowley	Marmar Salerno Mandigo	Hlinka McNamara Cobb	Pellowitz McKenna Boulter	Lissner McPhee Carpenito	
	Skills: Forwards/Goalies Babson Ice Center Leads: Gray Coaches (Forwards), Raeder (Goalies) 7:00-8:00AM		Breakfast 8:15AM		Breakfast 7:00AM		Breakfast 7:00AM		
	Breakfast 8:15AM		Breakfast 8:15AM		Skills: Forwards/Goalies Babson Ice Center Leads: Blue Coaches (Forwards), Raeder (Goalies) 8:10-9:10AM				
On-Ice 9:20AM Babson Ice Center		Deceleration Workout 8:45AM Webster Center		Deceleration Workout 9:30AM Webster Center		Deceleration Workout 10:15AM Webster Center			
Lead: Black Coaches		On-Ice 10:50AM Babson Ice Center				NCAA Division 3 and NESCAC Emily McNamara and Andy McPhee 11:00AM Olin Auditorium			
End 10:40AM		Lead: Maroon Coaches		Lunch 11:30AM		Lunch 12:00PM			
Deceleration Workout 11:30AM Webster Center		End 12:10PM		On-Ice 12:20PM Babson Ice Center Lead: Gold Coaches End 1:40PM		On-Ice 1:50PM Babson Ice Center Lead: Blue Coaches			
Lunch 12:30PM		Lunch 12:30PM				End 3:10PM			
		NCAA Division 3 and NESCAC Emily McNamara and Andy McPhee 2:15PM Olin Auditorium		NCAA Division 3 and NESCAC Emily McNamara and Andy McPhee 2:15PM Olin Auditorium					
On-Ice 3:20PM Babson Ice Center		Recovery/Flexibility 3:00PM Webster Center		Recovery/Flexibility 3:45PM Webster Center		Recovery/Flexibility 4:30PM Webster Center			
Lead: Green Coaches									
End 4:40PM		On-Ice 4:50PM Babson Ice Center		Dinner 5:00PM		Dinner 5:30PM			
Dinner 5:00PM		Lead: Gray Coaches							
Recovery/Flexibility 5:45PM		End 6:10PM							

6:15pm	Webster Center				Dinner 6:30PM		On-Ice 6:20PM Babson Ice Center		Guest Speaker Peter Haberl - USOTC 6:30PM Olin Auditorium		6:15pm
6:30pm	Guest Speaker Peter Haberl - USOTC 6:30PM						Lead: Red Coaches				6:30pm
6:45pm							End 7:40PM				6:45pm
7:00pm	Olin Auditorium								On-Ice 7:50PM Babson Ice Center		7:00pm
7:15pm									Lead: White Coaches		7:15pm
7:30pm					Guest Speaker Peter Haberl - USOTC 8:15PM Olin Auditorium		Guest Speaker Peter Haberl - USOTC 8:15PM Olin Auditorium		End 9:10PM		7:30pm
7:45pm											7:45pm
8:00pm											8:00pm
8:15pm											8:15pm
8:30pm											8:30pm
8:45pm											8:45pm
9:00pm											9:00pm
9:15pm											9:15pm
9:30pm											9:30pm
9:45pm											9:45pm
10:00pm											10:00pm
11:00pm	lights Out				lights Out		lights Out		lights Out		11:00pm
MONDAY 6/19	GOLD	MAROON	RED	BLUE	WHITE	BLACK	GRAY	GREEN	MONDAY 6/19	Counselor	
Counselor	Marmar	Solomon	Hlinka	Lissner	Pellowitz	Mensi	Farrand	Burgio	Counselor	Coach	
Coach	Salerno	MacDougall Bari	McNamara	McPhee	McKenna	Kilstein	Hussey	Johnson	Coach	Coach	
Coach	Mandigo	Crowley	Cobb	Carpenito	Boulier	Handrahan	Berman	Tyng	Coach	Coach	
6:45am	Skills: Defense/Goalies Babson Ice Center				Breakfast 7:00AM		Breakfast 7:00AM		6:45am		
7:00am	Leads: Red Coaches (Defense), Raeder (Goalies)								7:00am		
7:15am	7:00-8:10AM								7:15am		
7:30am	Breakfast 8:15AM				Breakfast 8:15AM				7:30am		
7:45am									7:45am		
8:00am									8:00am		
8:15am									8:15am		
8:30am	Team Comp Handball 8:45AM				Team Comp Handball 8:45AM		Skills: Defense/Goalies Babson Ice Center		8:30am		
8:45am							Leads: Green Coaches (Defense), Raeder (Goalies)		8:45am		
9:00am							8:20-9:30AM		9:00am		
9:15am									9:15am		
9:30am									9:30am		
9:45am	BLUE v GOLD Babson Ice Center 9:40AM				Team Comp Handball 9:30AM		Team Comp Handball 9:30AM		9:45am		
10:00am					BLUE v GOLD Babson Ice Center 9:40AM		Team Comp Handball 9:40AM		10:00am		
10:15am									10:15am		
10:30am									10:30am		
10:45am									10:45am		
11:00am	End 11:00AM				MAROON v RED Babson Ice Center 11:10AM		MAROON v RED Babson Ice Center 11:10AM		11:00am		
11:15am									11:15am		
11:30am									11:30am		
11:45am									11:45am		
12:00pm									12:00pm		
12:15pm									12:15pm		
12:30pm									12:30pm		
12:45pm	Lunch 12:45PM				Lunch 12:45PM		Team Comp Handball 11:00AM		12:45pm		
1:00pm							Team Comp Handball 11:00AM		1:00pm		
1:15pm	NCAA Division 1 and Ivy League Mare MacDougall Bari and Amanda Boulier 1:15PM				NCAA Division 1 and Ivy League Mare MacDougall Bari and Amanda Boulier 1:15PM		Team Comp Handball 11:45PM		1:15pm		
1:30pm							Team Comp Handball 11:45PM		1:30pm		
1:45pm							Team Comp Handball 11:45PM		1:45pm		
2:00pm							Team Comp Handball 11:45PM		2:00pm		
2:15pm	Weight Room Webster Center 2:00PM				Weight Room Webster Center 3:00PM		Team Comp Handball 11:45PM		2:15pm		
2:30pm							Team Comp Handball 11:45PM		2:30pm		
2:45pm							Team Comp Handball 11:45PM		2:45pm		
3:00pm							Team Comp Handball 11:45PM		3:00pm		
3:15pm							Team Comp Handball 11:45PM		3:15pm		
3:30pm							Team Comp Handball 11:45PM		3:30pm		
3:45pm							Team Comp Handball 11:45PM		3:45pm		
4:00pm	On-Ice 3:40PM Babson Ice Center Lead: Maroon Coaches				On-Ice 5:10PM Babson Ice Center Lead: Blue Coaches		Team Comp Handball 11:45PM		4:00pm		
4:15pm							Team Comp Handball 11:45PM		4:15pm		
4:30pm							Team Comp Handball 11:45PM		4:30pm		
4:45pm							Team Comp Handball 11:45PM		4:45pm		
5:00pm							Team Comp Handball 11:45PM		5:00pm		
5:15pm	Dinner 5:15PM				On-Ice 5:10PM Babson Ice Center Lead: Blue Coaches		Team Comp Handball 11:45PM		5:15pm		
5:30pm							Team Comp Handball 11:45PM		5:30pm		
5:45pm							Team Comp Handball 11:45PM		5:45pm		
6:00pm							Team Comp Handball 11:45PM		6:00pm		
6:15pm							Team Comp Handball 11:45PM		6:15pm		
6:30pm							Team Comp Handball 11:45PM		6:30pm		
6:45pm	The Application Bill Mandigo 6:30PM Olin Auditorium				Dinner 6:45PM		Team Comp Handball 11:45PM		6:45pm		
7:00pm							Team Comp Handball 11:45PM		7:00pm		
7:15pm							Team Comp Handball 11:45PM		7:15pm		
7:30pm							Team Comp Handball 11:45PM		7:30pm		
7:45pm							Team Comp Handball 11:45PM		7:45pm		
8:00pm							Team Comp Handball 11:45PM		8:00pm		
8:15pm							Team Comp Handball 11:45PM		8:15pm		
8:30pm							Team Comp Handball 11:45PM		8:30pm		
8:45pm							Team Comp Handball 11:45PM		8:45pm		
9:00pm							Team Comp Handball 11:45PM		9:00pm		
9:15pm							Team Comp Handball 11:45PM		9:15pm		
9:30pm							Team Comp Handball 11:45PM		9:30pm		
9:45pm							Team Comp Handball 11:45PM		9:45pm		
10:00pm							Team Comp Handball 11:45PM		10:00pm		
11:00pm	lights Out				lights Out		lights Out		11:00pm		
TUESDAY 6/20	BLUE	GREEN	GRAY	BLACK	MAROON	RED	WHITE	GOLD	TUESDAY 6/20	Counselor	
Counselor	Lissner	Burgio	Farrand	Mensi	Solomon	Hlinka	Pellowitz	Marmar	Counselor	Coach	
Coach	McPhee	Johnson	Hussey	Kilstein	MacDougall Bari	McNamara	McKenna	Salerno	Coach	Coach	
Coach	Carpenito	Tyng	Berman	Handrahan	Crowley	Cobb	Boulier	Mandigo	Coach	Coach	
6:45am	Skills: Forwards/Goalies Babson Ice Center				Breakfast 7:00AM		Breakfast 7:00AM		6:45am		
7:00am	Leads: Black Coaches (Forwards), Raeder (Goalies)								7:00am		
7:15am	7:00-8:10AM								7:15am		
7:30am	Breakfast 8:15AM				Breakfast 8:15AM				7:30am		
7:45am									7:45am		
8:00am									8:00am		
8:15am									8:15am		
8:30am									8:30am		
8:45am	Team Comp Soccer 8:45AM				Team Comp Soccer 8:45AM		Skills: Forwards/Goalies Babson Ice Center		8:45am		
9:00am							Leads: White Coaches (Forwards), Raeder (Goalies)		9:00am		
9:15am							8:20-9:30AM		9:15am		
9:30am									9:30am		
9:45am	Team Comp Soccer 9:30AM				Team Comp Soccer 9:30AM		Team Comp Soccer 10:15AM		9:45am		
10:00am							Team Comp Soccer 10:15AM		10:00am		
10:15am							Team Comp Soccer 10:15AM		10:15am		
10:30am							Team Comp Soccer 10:15AM		10:30am		
10:45am	End 11:00AM				End 11:00AM		Team Comp Soccer 10:15AM		10:45am		
11:00am							Team Comp Soccer 10:15AM		11:00am		
11:15am	BLUE v BLACK Babson Ice Center 11:10AM				BLUE v BLACK Babson Ice Center 11:10AM		Team Comp Soccer 10:15AM		11:15am		
11:30am							Team Comp Soccer 10:15AM		11:30am		
11:45am							Team Comp Soccer 10:15AM		11:45am		
12:00pm							Team Comp Soccer 10:15AM		12:00pm		
12:15pm							Team Comp Soccer 10:15AM		12:15pm		
12:30pm	End 12:30PM				End 12:30PM		Team Comp Soccer 10:15AM		12:30pm		
12:45pm	Box Lunch for Blue and Black				Box Lunch for Blue and Black		Team Comp Soccer 10:15AM		12:45pm		
1:00pm							Team Comp Soccer 10:15AM		1:00pm		
1:15pm	NCAA Recruiting Myths Ashley Kilstien/Lindsay Berman 12:45PM				NCAA Recruiting Myths Ashley Kilstien/Lindsay Berman 12:45PM		Team Comp Soccer 10:15AM		1:15pm		
1:30pm							Team Comp Soccer 10:15AM		1:30pm		
1:45pm							Team Comp Soccer 10:15AM		1:45pm		
2:00pm							Team Comp Soccer 10:15AM		2:00pm		
2:15pm	Weight Room Webster Center 2:15PM				Weight Room		Team Comp Soccer 10:15AM		2:15pm		
2:30pm							Team Comp Soccer 10:15AM		2:30pm		
2:45pm							Team Comp Soccer 10:15AM		2:45pm		
3:00pm							Team Comp Soccer 10:15AM		3:00pm		

[illegible]

[illegible]